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County Executive

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Bureau of Behavioral Health
Phone: 410-887-3828 | Fax: 410-887-3786

Greetings!

Please see the enclosed Residential Rehabilitation Program (RRP) application for the Baltimore County Department of Health, Bureau of Behavioral Health/Core Service Agency. If you are interested in applying for this program, please complete the application and return it to us along with any supporting documentation such as psychosocial histories, etc. It is highly preferred, but not required, that a mental health professional who is familiar with the applicant's psychiatric history complete the RRP application.

Please make sure that the RRP application is completed in its' entirety. If a question does not apply, please indicate Not Applicable (NA). Be sure the applicant signs the Consent to Release form. After the completion of the RRP application and consent form, both documents can be faxed or mailed to:

Baltimore County Health Department
Bureau of Behavioral Health, attn: Terrence Morgan
6401 York Road, 3rd floor
Baltimore, Maryland 21212
(410) 887-3786 Fax number

After reviewing the application, to ensure that it meets the attached criteria, the application will be placed on a waiting list based on the current housing availability. Due to the high demand and limited number of vacancies, RRP housing is not available "on demand". The waiting list is approximately six months to a yearlong. Highest priority is given to applicants from State hospitals, and homeless individuals with mental illnesses.

When a vacancy becomes available, the application is sent to the RRP provider that matches the applicant's needs and preferences. A representative from the prospective RRP agency will contact the referring person or applicant to set up an interview/screening. Please note that if the RRP application is for a homeless individual, please be sure the contact person or family member will be able to locate them when housing becomes available.

The RRP application will remain active for one year. You will receive a notice for renewal prior to expiration. Please inform our office if the applicant moves or the contact person changes, this information will help us contact the applicant once housing becomes available. If you have additional concerns, I may be reached at (410) 887-3828. Thank you for your interest in Residential Rehabilitation Programs in Baltimore County.

Best Regards,

Terrence Morgan, LGSW
Social Worker I

Residential Rehabilitation Program (RRP) Basics:

What is RRP?

- RRP is not a housing program; it is a rehabilitation program where housing is provided as a part of a total package of services. This service is for single individuals and does not address the needs of couples or families.
- Staff supervision and support are offered to provide assistance around treatment plan goals.
- Linkage to other supports is offered and may include supportive employment, education, volunteer opportunities, and other community resources as needed.
- Psychiatric Rehabilitation Programming (day program) participation is offered and often required to help address treatment plan goals.
- Support around areas of personal need such as medication monitoring, development of independent living skills, learning symptom management, and ultimately developing a plan to transition to his/her own housing is offered.

Who is eligible?

- Men and women who are Baltimore County residents:
 - Have lived in Baltimore County for a period of six months or more
 - ~OR~
 - Have been staying at a Baltimore County Shelter for a period of six months or more, regardless of where last resided
- Men and women having been diagnosed with a serious and persistent mental illness included in the priority population definition handout.
- Must be eligible for Medical Assistance and have SSI/SSDI/ other regular monetary benefits sufficient to pay for cost of care. *TEHMA is not a sufficient benefit to meet this requirement.*
- Must be willing and able to:
 - Participate in his/her own treatment planning
 - Follow program rules and regulations
 - Contribute towards cost of care
 - Perform “self-care” without staff assistance

Who provides these services?

- Alliance, Key Point, Mosaic, Prologue – supports the adult population (18+)
- People Encouraging People – supports the transitional aged youth population (18-22)
- Community Support Services for the Deaf offers services to the deaf and hard of hearing community

Where are services provided?

- Staff visits the residences (houses and apartments owned or rented by the provider) to provide supports as outlined in the treatment plan.
- Residences are clustered throughout Baltimore County and vary by provider.

Are there different levels of support available?

- “General” support refers to a resident who only requires 1-3 drop in visits from staff per week for areas of support.
- “Intensive” support refers to a resident who may need daily drop in visits from staff or perhaps 24/7 support from staff. The 24/7 staff support is less common, and typically in higher demand.
- “MISA” supports refer to support to address mental illness and substance abuse needs in the residence as well as at the day program. This is a VERY structured support to help assist the person with a co-occurring disorder to maintain sobriety and learn to cope with the symptoms of mental illness. It is recommended for anyone willing to adhere to the structure and has a desire to overcome an active addiction and remain “clean” in the community.

How are services paid for?

- Medical Assistance covers rehabilitation services at a billing rate specifically for RRP participants. This is why applicants must be eligible for Medical Assistance.
- The applicant covers room and board costs, this is why he or she must have a regular monetary entitlement sufficient to cover these services. Room and board typically consists of costs associated with renting or owning and maintaining property, liability and property insurance, maintenance, utilities, telephone services, etc. and is not covered by Medical Assistance.
- The provider is typically the representative payee for the applicant’s entitlements and then gives the applicant a percentage of his/her check for personal needs on a weekly or monthly basis.

How do I apply?

- There is a four page application packet to be completed by applicant and his/her case manager/therapist/ psychiatrist, etc.
- Regardless of which program the applicant is interested in, or if he/she is interested in all programs, the application must be submitted to the Baltimore County Core Services Agency for eligibility review and placement on the wait list.
- Applications must be submitted to:

Baltimore County Bureau of Behavioral Health
Attn: Terrence Morgan
6401 York Road Third Floor, Baltimore, Maryland 21212
410 887-3828 or Fax 410 887-3786

When can I get in?

There is no way to accurately predict any kind of wait time. Openings occur as a result of graduations or attrition from services, and do not happen at a predictable rate. All applicants are wait-listed based on the date their application is received and then prioritized by whether the applicant is coming from a State Psychiatric Facility or the community.

State Psychiatric Facility referrals are given first priority for openings that occur.

Residential Rehabilitation Program (RRP) Services in Baltimore County

APPLICATION PACKET

Please take a moment to familiarize yourself with the basic qualifications and general information about RRP services before completing and submitting an application. The Baltimore County Bureau of Behavioral Health/Core Services Agency contracts with five providers to offer Residential Rehabilitation Program (RRP) services for eligible Residents of Baltimore County. The Core Services Agency acts as a "gatekeeper" for RRP services. One application for RRP services may be completed and submitted to the Core Services Agency for consideration for all RRP provider programs. Because RRP services are in high demand, there is a wait list for ALL applicants, and each applicant must wait until his or her name reaches the top of the wait list before being considered for any available opening.

WHO IS ELIGIBLE?

- ☐ Applicants with Medical Assistance, Medicaid, MA, or who can get these benefits. *Individuals with private insurance or Medicare may still qualify if they are able/willing to relinquish those benefits and if they do not have assets which exceed the MA eligibility guidelines (this typically involves having less than \$2,000 in savings, assets, car, house, etc...)*
- ☐ Applicants with a qualifying diagnosis and a clear need for rehabilitation. *Please see the list of Included Diagnosis for RRP Eligibility (page 2 of this packet) to determine whether or not the applicant's diagnosis meets eligibility for RRP services. In addition, all applicants must have a clear need for rehabilitation such as needing assistance with Activities of Daily Living, Medication Monitoring, and/or development of other skills needed to become independent.*
- ☐ Applicants who are willing and able to be responsible for their cost of care. *Individuals who are applying should have Social Security Income (SSI), Disability Income (SSDI), VA benefits, or other regular monetary benefits that are sufficient to cover room and board expenses. TEHMA benefits are NOT SUFFICIENT to cover these costs. Individuals who do not have monetary benefits are encouraged to apply for them as soon as possible. Any individual who receives more than \$1,600 in monthly assets will be in-eligible for MA and thus, ineligible for RRP. If an applicant has other financial obligations (child support, debts, court fines) which would prevent payment for cost of care, he/she will have to wait until they are no longer financially obligated in order to apply for RRP services.*
- ☐ Applicants who are willing and able to participate in RRP services. *RRP services are completely voluntary and so it is required that all applicants be in agreement with their application for RRP services. In addition, all applicants must be willing to participate in their treatment planning and to take their medications as prescribed by their psychiatrist. Anyone who indicates that they are not interested in their treatment or in taking their medications will not be considered for RRP services. Levels of Service at the RRP*

General Level RRP Provides:

- *at least one face-to-face staff visit per individual per week*
- *limited medication monitoring/assistance (ie... weekly med pack coordination)*
- *staff on-call, 24 hours per day, 7 days per week to respond to emergencies*

Intensive Level RRP Provides:

- *daily support, including medication monitoring when necessary*
- *staff availability at a minimum of 40 hours a week and in limited cases, up to 24 hours a day, 7 days a week (but never one-on-one or all male/all female staffing)*
- *staff on-call, 24 hours per day, 7 days per week to respond to emergencies*

MISA Level RRP Provides: *Same services as Intensive Level with added substance abuse component in the residence as well as in the day program to address substance abuse issues for dually diagnosed consumers.*

Included Diagnosis for RRP Qualification
DSM IV-TR/ ICD:9 Codes

- 295.10 Schizophrenia, Disorganized Type
- 295.20 Schizophrenia, Catatonic Type
- 295.30 Schizophrenia, Paranoid Type
- 295.40 Schizophreniform Disorder
- 295.60 Schizophrenia, Residual Type
- 295.70 Schizoaffective Disorder
- 295.80 *ICD:9 Schizophrenia, Unspecified*
- 295.90 Schizophrenia, Undifferentiated Type
- 296.33 Major Depressive Disorder, Recurrent, Severe, without Psychotic Features
- 296.34 Major Depressive Disorder, Recurrent, Severe, with Psychotic Features
- 297.1 Delusional Disorder
- 298.9 Psychotic Disorder, NOS
- 301.22 Schizotypal Personality Disorder
- 301.83 Borderline Personality Disorder
- 296.43 Bipolar I Disorder, Most Recent Episode, Manic, Severe without Psychotic Features
- 296.44 Bipolar I Disorder, Most Recent Episode, Manic, Severe with Psychotic Features
- 296.53 Bipolar I Disorder, Most Recent Episode, Depressed, Severe without Psychotic Features
- 296.54 Bipolar I Disorder, Most Recent Episode, Depressed, Severe with Psychotic Features
- 296.63 Bipolar I Disorder, Most Recent Episode, Mixed, Severe without Psychotic Features
- 296.64 Bipolar I Disorder, Most Recent Episode, Mixed, Severe with Psychotic Features
- 296.80 Bipolar Disorder, NOS
- 296.89 Bipolar II Disorder

Individuals with extreme behavioral problems such as fire setting, needing an all female/male staff to accommodate sexually inappropriate behaviors, assault of staff or fellow residents, etc... *may* not be appropriate for RRP. In addition, individuals who are in need of constant staff support for activities of daily living are generally inappropriate for RRP, as the ultimate goal of RRP is preparing individuals for independent life in the community. One on one staffing services are not currently available in any level of RRP services.

APPLICATION FOR RESIDENTIAL REHABILITATION SERVICES

*Return to: Baltimore County Health Department, Bureau of Behavioral Health
6401 York Rd, 3rd Floor
Baltimore, MD 21212
410-887-3828, FAX 410-887-3786*

(Incomplete Applications Cannot be Processed)

(I) Applicant's Name: _____
(Last) (First) (M.I.)

Address: _____ Phone: _____

Date of Birth: _____ Social Security #: _____

Gender: _____ Race: _____ Marital Status: _____

Current Entitlements and Income (fill in amounts and / or insurance numbers)

SSI _____ SSDI _____ Other Income: _____

Medicaid (MA): _____ Medicare: _____ Other Insurance: _____

(II) Referral Source: Name _____ Agency _____ Telephone #: _____

Psychiatrist Name _____ Telephone: _____

Other Providers (Mobile Treatment, PRP, Case Management, Outpatient) - (Please Circle)

Name of Program _____ Contact Person _____ Telephone # _____

Primary Contact (Applicant, therapist, family member, friend, other)- (Please Circle)
Name of Contact _____ Telephone No. _____ Relationship to Applicant _____

(III) Current Psychiatric Diagnosis:

DSM-IV Code:

Axis I: _____

Axis II: _____

Axis III: _____

Axis IV: _____

Axis V: (GAF) _____

Number of psychiatric hospitalizations: _____

Date, Location & Length of Stay: _____

(IV) Name of Primary Medical Provider :(PMP) _____

Address: _____

Telephone #: _____

Significant Somatic Issues _____

(V) All Current Medications: (Psychiatric and Somatic)

CurrentType_

Dosage- Frequency

Current ability to take medicine:

Independently_____ With reminders_____ With daily supervision_____

Refuses medication_____ Meds not prescribed_____

Comments:_____

(VI) Legal History/ forensic Involvement

Has the applicant ever been arrested? Y_____ N_____ On Probation or Parole? Y_____ N_____

List any reported conviction_____

Parole or probation officer & Phone # :_____

Has applicant been found NCR ? Y_____ N_____ Is on (or will be) Conditional Release ?

Y_____ N_____

(VII) Substance Use/ Abuse History

Drug Used (including alcohol) Period of Use Frequency/Cost How Used

Drug Last used Date Amount How Used

Substance Abuse Treatment History (date and location)

A.A._____ N.A._____

Detox_____

Inpatient Services_____

Outpatient Services_____

(VIII) Risk Assessment (Never, past week-month, past month-year, past 2+years)

Suicidal attempts:_____

Suicidal Ideation:_____

Aggressive Behavior/ Violence:_____

Fire Setting:_____

(IX) Activities of Daily Living

_____Independent; _____Needs significant support; _____Needs moderate support

(X) Previous RRP involvement? Yes_____ No_____ If yes, reason for discontinuation of RRP

Consumer preference of provider_____

Cultural preference of consumer_____

(X) Rational for Services- (Please include major areas of need and applicant's goals for RRP)

Recommended Level of Residential Placement:

_____ General Level _____ Intensive Level _____ MISA

(XII) Is the applicant in agreement with the above referral? _____ Y _____ N
If "No",

explain: _____

_____ Date _____ Referral Source
Signature

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CONSENT TO RELEASE INFORMATION FOR RESIDENTIAL PLACEMENT

I give my consent to Baltimore County (CSA) to release this application and other clinical and psycho-social history to a Residential Rehabilitation Program in order to assess my eligibility for residential services in the community.

I understand that this information will not be released to any other party without my express written consent.

I further understand that my consent does not commit me to accept a placement, and it does not commit the Core Service Agency to provide a placement for me.

I understand that I may revoke this consent at any time by a written statement. This consent is valid for 12 months from the date of my signature.

Signature: _____

Date: _____

Witness: _____

**Baltimore County Bureau of Behavioral Health / Core Services Agency
Residential Rehabilitation Program (RRP) for Baltimore County**

Description of RRP Services

Residential Rehabilitation Programs are designed to assist those who have a serious mental illness and are in need of psychiatric rehabilitation in a supervised residential setting (assistance with Activities of Daily Living, community integration, medication monitoring, etc.). There are three types of support available in RRP:

- **General Support:** Staff provide a minimum of one face to face contact per individual per week and are available on-call 24 hours per day, 7 days per week.
- **Intensive Support:** Staff provide services daily on site in the residence with a minimum of 40 hours per week support and up to 24 hours per day, 7 days per week.
- **MISA Support:** Intensive support with additional structure to address the needs of individuals who are also working on remaining substance free.

The housing provided is furnished and supervised by staff, and is secondary to the rehabilitation services offered. All residents are expected to contribute to their cost of care. Money for food and personal needs is allotted. The most common household set- up includes three residents in a community residence (house, apartment, or town home) with each resident having their own bedroom and sharing common areas of the residence. There are a small number of shared bedroom units, and also a small number of units which are considered group homes with four or more other residents in the home. Residents have rights and responsibilities, and each program has their own unique variances to the rules that need to be followed. The residents are responsible for housekeeping. A productive daytime activity is required for residing in RRP. The goal of residential rehabilitation is to work towards independent living.

I have read the description of Residential Rehabilitation above and I understand that:

1. I will be living with others who receive RRP services.
2. I will be assisted by staff.
3. I will be required to follow rules and participate in a day activity or work.
4. I will be required to contribute to the cost of my care.

I wish to apply for the service.

Client Signature

Date